

SEDATION FOR DENTAL TREATMENT

INFORMATION SHEET

For Dr Linda Greenwall & Associates Patients

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SEDATION FOR DENTAL TREATMENT

Intravenous sedation is used to help relax you during minor surgical procedures.

- The sedative is given by injection into a vein (intravenous) in your arm or the back of your hand.
- You will remain conscious at all times and able to talk and respond to instructions.
- You will also receive local anaesthetic (injection into your gum) so that the treatment can be carried out.
- Afterwards you will probably have little or no memory of the procedure.

IF YOU ARE HAVING INTRAVENOUS SEDATION THERE ARE SOME RULES YOU MUST FOLLOW FOR YOUR SAFETY

- A responsible adult (friend or relative) must stay in the department during your treatment, drive you home afterwards and stay with you for the rest of the day. If not you cannot have sedation.
- Remember to tell your dentist before treatment of any changes in your medical history, your medication or if you have any allergies or suffer from asthma.

ON THE DAY OF YOUR TREATMENT

- You can have a light meal up to 6 hours before your treatment if you wish.
- You can drink fluids and take any medicines up to 6 hours before.
- Do not drink any alcohol.
- Treatment and recovery time is usually 1-1 ½ hours.
- Wear flat shoes/footwear as you will not be steady on your feet.

AFTER YOUR TREATMENT UNDER SEDATION

- A responsible adult must drive you home and stay with you for at least 6 hours following the treatment.
- You must not travel home by public transport such as a bus.
- You should stay at home resting quietly for about 24 hours.
- Do not drive a car, drink alcohol, use machinery (such as a kettle or a bike), do any work or make important decisions for 24 hours. This is to allow the effects of the sedation to wear off.
- You can eat and drink normally as soon as you like.