



**ICON Instructions and Post Op Instructions
Instructions and Consent Form**

Patient Name: _____

Date: _____

Icon is a yellow resin treatment which is infiltrated into the enamel to mask the appearance of white spots.

A protector is placed onto the teeth, and different gels are applied directly onto the surface of the tooth during a series of stages.

After treatment the tooth can feel rough, which will be polished to make smooth again.

The number of sessions required will be determined upon your review 2-3 weeks later. As the treatment continues to work on the teeth during this time.

On the first day of treatment, you will need to avoid high coloured foods like turmeric, beetroot, soy sauce, balsamic vinegar and tomato sauce. Clean your teeth normally after treatment.

If you are unwell or dehydrated you may find the white spots temporality reappear.

You should not experience any sensitivity from the tooth during the treatment.

I have read the above information and agree to return for an examination in 14-21 days after treatment begins and at any recommended time required. I have read and received a copy of this information sheet. I consent to treatment and assume the risks described above.

I consent to photographs being taken. I understand that they may be used for documentation and for illustration of my treatment.

Signed: _____ Patient: _____ Date: _____