

YOUR NEW IMPLANT CROWNS

Congratulations on completing your Implant treatment !
You have now been fitted with your implant crowns. The implants have to start acting and functioning like your natural teeth. There are pressure receptors which develop and integrate around the implant, in order for them to develop the implant needs to be used and loaded gently.

You will need to re-learn the geography of this area and you may find yourself unexpectedly biting your tongue, lip or cheek. After a couple of days, once you become accustomed to the new implants, you will stop biting these areas.

You start by having a soft diet at the beginning gradually progressing into stronger tougher foods.

Week one: very soft eating on the implant crown, ie pasta, soup, mash potato, and other soft foods

Week two: you can start eating slightly firmer foods ie chicken and fish

Week three: you can start with stronger foods such as meat, bagels, granary rolls, but still be gentle.

Implants do not always feel the same as your natural teeth, as your natural teeth are more flexible. Implants are more ridged and will feel more solid.

Because the Implant crown has been fitted we will need to review you in month's time to check and monitor how things are going. After this period you would need to see the hygienist every three months for routine hygiene appointments and the dentist every six months for a periodical health evaluation.

It is essential that you maintain excellent hygiene and oral health. After the crowns are cemented we advise a hygiene appointment so she can show you how to clean around the implants as it is different to your own natural teeth.

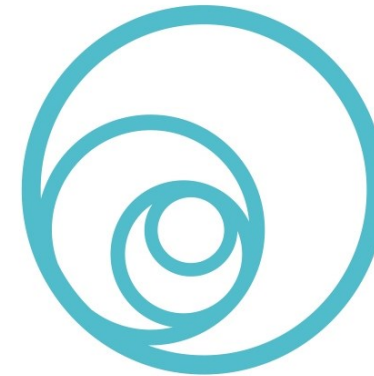
You will need to see the hygienist every three months to help maintain a good level of oral health. If you do not attend the practice regularly for hygiene visits this could compromise the health of the Implant and the Implant could fail. Also, please note that smoking decreases the success rate of an Implant by 20%.



DR LINDA GREENWALL
& ASSOCIATES

SPECIALIST DENTAL PRACTICE

ADVICE AFTER IMPLANT CROWN CEMENTATION



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